

Get A Massage In Las Vegas

Contributed by Webmaster
Sunday, 10 February 2008
Last Updated Sunday, 10 February 2008

More info...
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Las Vegas, Nevada is a fantastic, energetic and fun-filled city. Its known as a place with superior entertainment for adults and families alike. Las Vegas is a great place to live or to visit. So, whether your stay in exciting Las Vegas is for a business trip, a fun-filled vacation, or a relocation initiated by your company you might find you want or need a session of massage therapy. Massage in Las Vegas is provided by independent Licensed Massage Therapists, Licensed Massage Establishments, and many outstanding Day Spas.

Massage in Las Vegas is an experience that people from all over the U.S. and the world find enjoyable and something they want to repeat over and over again. Whether your goal is to achieve complete relaxation and relieve stress with a slow, soothing massage, relieve muscular pain and chronic tension, have a more comfortable pregnancy, or improve your athletic performance Massage Therapists in Las Vegas can help you achieve your goals. In fact there are several available types of Massage in Las Vegas. The most commonly offered massage techniques in Las Vegas are:

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Swedish Massage - relaxing massage using gliding strokes, kneading, friction, and striking strokes along with gentle stretching and rocking.

Deep Tissue Massage - massage of the deeper musculature and connective tissue to release chronic tension and pain. Its often a firmer massage that is appreciated by experienced clients.

Sports Massage - massage to assist the athlete in preparing for and recovering from sports events.

Neuromuscular Therapy - advanced pain relief targeting specific trigger points in muscles, tendons, and attachment sites. A great choice if you have muscular pain.

Hot Stone Massage - perhaps the most relaxing and luxurious massages you can get. Heated stones seemingly melt away stress and tension.

Trigger Point Therapy - targeted pain relief using specific pressure to release painful knots in muscles.

Prenatal/Pregnancy Massage - massage for the mother-to-be helping her to decrease pain and discomfort throughout the pregnancy.

Lymphatic Drainage Massage - specifically used for decreasing swelling and edema as well as improving the circulation of the bodys lymph. Its detoxifying and some think it improves the immune system too.

However, in addition to the most commonly practiced massage therapy techniques your Las Vegas based Massage Therapist might also practice some other well known and highly effective massage therapy techniques:

Medical Massage

Myofascial Release

Craniosacral Therapy

Shiatsu

Acupressure

Ortho-Bionomy

Aromatherapy Massage

Myoskeletal Alignment Technique

You might even want to try a very special massage therapy treat when you get a massage in Las Vegas like Couple's Massage where a couple can receive their massages together in the same massage room with two massage therapists. During the couples massage each member of the couple can actually receive different types of massages to meet their needs. Or, for the true massage therapy enthusiast some Massage Establishments and Day Spas offer Four Hand Massage, Duo, or Tandem Massage, where you can receive therapeutic massage by two massage therapists at the same time.

Massage in Las Vegas is also convenient to receive. Massage in Las Vegas is available on an incall basis at a Massage Therapist's office, in a Massage Establishments, or in one of many conveniently located Day Spas. Massage in Las Vegas is also available on an outcall basis in your Las Vegas area home, office, or hotel. No matter where you are in Las Vegas a great massage is only minutes away.

So if youre visiting or living in Las Vegas what's stopping you from getting your massage? Massage in Las Vegas is relaxing, stress reducing, pain relieving, and performance improving so get one today...you'll be glad you did!

MassageSoup is a worldwide directory of Massage Therapists and Bodyworkers. Find a Las Vegas Massage Therapist on MassageSoup.

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Natural Remedies For Athletes

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